### Important Information Related to **COVID** -19 and School

(From Tangee Sills-Ed-Co School Nurse, in collaboration with Ashley Monaghan, WD school nurse)

Covid-19 is spread through respiratory droplets produced by a person who has been infected. These droplets can land in the mouths or noses of other people who are close by. That's why it is important to wear a mask and stay at least 6 feet apart. The symptoms of those positive for Covid-19 have been ranging from quite mild to severe. Symptoms may appear 2-14 days after exposure with an infected person. Ed-Co, along with our neighboring school districts, are following guidance from the Iowa Department of Public Health. The guidance is as follows:

#### Students who have ANY high-risk symptoms OR

two or more low risk symptoms should not be in school. They should not be in school for a minimum of 10 days and are advised to seek an evaluation by a health care provider.

#### **High Risk Symptoms**

Congestion

Shortness of breath New onset cough New loss of taste or smell Difficulty breathing Low Risk Symptoms Fever Fatigue Headache Diarrhea Muscle/body aches

Sore Throat Runny nose Vomiting Nausea

#### **Students May Return to School When:**

Scenario 1: If your child is NOT evaluated by a healthcare provider

- At least 10 days have passed since their symptoms first appeared AND
- They have had no fever for at least 24 hours (without the use of fever reducing medicines)AND
- Their other symptoms have resolved (for example, when your cough or sore throat has improved)

Scenario 2: If a child is evaluated by a healthcare provider and the provider determines the following: Negative COVID-19 test- students may return to school after 24 hours with no fever (without the use of fever-reducing medications) AND symptoms resolved. A doctor's note is required. Alternative diagnosis- Students may return to school after 24 hours with no fever (without the use of fever-reducing medications) AND symptoms resolved. Doctor's note required.

Positive COVID-19 test- You may return to school after 24 hours with no fever (without the use of fever reducing medications), AND symptoms resolved, AND 10 days since symptoms started.

#### **Identifying Close Contacts of Covid-19 (The school** will determine close contacts through contacttracing guidance from the IDPH)

Students who have been in close contact with a COVID-19 positive individual (within 6 feet of a positive person for more than 15 minutes) will need to stay home and guarantine for 14 days and monitor for symptoms. Examples of close contacts may be mother, father, siblings, co-worker, church contact, classmate, or teammate.

- If no symptoms develop, students can return to • school 14 days from their last contact with the COVID-19 positive individual. Added 9/30/20-If the positive case and the contact were both wearing appropriate masks at time of contact, the contact does not need to guarantine, but does still need to monitor for symptoms. Gaiters are not included in this scenario. Students still need to quarantine if wearing a gaiter type of face covering.
- If symptoms develop, students should be evaluated by a health care provider.
- If a student tests positive for COVID-19, they should isolate for 10 days
- If a student tests negative for COVID-19, they must still complete their 14 day guarantine before returning to school
- Individuals who have previously been diagnosed positive for COVID-19 within the past 12 weeks and were exposed to a COVID-19 case do not need to quarantine.
- Please note that if a student has to quarantine due to a positive family member and that family member can not isolate from the student, then the quarantine time becomes longer. In this case, it is required for the parent to isolate for the 10 days then the student has to complete the 14 day guarantine after that. Helpful Links

#### Link to the IDPH chart to reference:

https://educateiowa.gov/sites/files/ed/documents/ Evaluating%2007302020.pdf

CDC graphic for mask selection and care https://www.cdc.gov/coronavirus/2019ncov/prevent-getting-sick/about-face-coverings.html

## COVID-19 Response: When to Quarantine For Business, Education, and Child Care Settings

For non-healthcare, non-residential settings, quarantine is no longer recommended if a potential exposure occurs while both the infectious individual and the close contacts are wearing face coverings consistently and correctly.

- In all scenarios below, an individual is considered a close contact when they have been within 6 feet
  of the COVID-19 positive individual for 15 minutes.
- Individuals who are a close contact due to exposure to a household member are required to quarantine for at least 14 days. Quarantine is used to keep someone who might have been exposed to COVID-19 away from others.
- Individuals who have COVID-19 must isolate for at least 10 days. Isolation keeps someone who is
  infected with the virus away from others, even in their home.





September 2020 coronavirus.iowa.gov

#### CONTINUOUS NOTICE OF NONDISCRIMINATION Code No. 102.E2

It is the policy of the Edgewood-Colesburg Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact: Karla Trenkamp, District Equity Coordinator, 409 East Street, Colesburg, IA 52035, 563-856-2415, <u>ktrenkamp@edge-cole.k12.ia.us</u>

## <u>High School News</u>



#### <u>News from Mrs. Meyer</u> Art News:

This semester has been a refreshing start for the year as we get back to a routine. The 7<sup>th</sup> grade students are learning how

to use their MacBooks by learning how to access and create in Google Drive, how to create documents in Word, PowerPoint, and Excel, improving their typing skills, and advancing their knowledge of coding. Through all this they also are learning ethics and design skills. Second quarter they will transition to art where they will learn ways to improve their drawing skills.

The Digital Photography students have been learning the parts of the camera and what the settings do on the camera. They have learned about exposure and how ISO, aperture, and shutter speed affect the exposure of the photo. They will continue to learn more advanced items in regards to the settings and will practice taking photos. Later on in the semester they will be learning how to edit their photos in Lightroom and Photoshop. They will create a portfolio to showcase all their photos and editing skills. Here are some of the class taking photos outdoors to work on getting correctly exposed images.

The 3D Art students are currently working with creating projects with clay. Due to the uncertainty surrounding COVID-19, they are creating several smaller projects so that they can get them done in a shorter amount of time if something would arise where they can't attend. Once we are done with clay, they will be created with cardboard, paper mache, plaster, wire, and other three dimensional materials. The Graphic Arts I and II classes are working on learning Photoshop and Illustrator through doing lessons. Once they've completed the lessons they will apply their knowledge and design skills to create various projects for themselves, school, and community.

#### Yearbook News:

The Desktop Publishing students have been working to develop a theme for this year's yearbook. We will be polling the student body to help us select the final theme. The students will then work to develop spread designs and continue to take photos to capture the year. If you have photos that you would like to share with the staff, please email them to Mrs. Meyer at <u>mmeyer@edge-cole.k12.ia.us</u>. We thank all of those that help contribute to the success of our yearbook. There are still copies of the 2019-2020 yearbooks for sale for \$30. They are available on a first come basis. The 2020-2021 yearbooks are on sale right now for \$25 until December 31<sup>st</sup>, 2020.

#### Art Club News:

The Art Club has started the year by giving members an opportunity to tie-dye a face mask. Many students have taken part in doing this. The club is working on making plans for the year and getting officers elected. We will be painting driveways and plan on having homecoming buttons for sale. It's not too late for 7<sup>th</sup>-12<sup>th</sup> grade students to join the club. If they are interested, have them contact Mrs. Meyer.

#### <u>News from Ms. Harbaugh</u>



Fall is in the air and we are so excited to have the band students back in school! The high school has been working hard on Pep Band and Drum-line. Be sure to catch their half-time show at one of the

home football games. Or join us for Pep Band at the Volleyball Team's Pink Night! The junior high band is learning basic color guard techniques and practicing drum-line. We are looking forward to their concert, which is currently scheduled for October 27<sup>th</sup> in the high school gymnasium. The 6<sup>th</sup> grade band is eagerly preparing for their winter performance and the 5<sup>th</sup> grade band is just getting started with their new instruments. Be sure to join us in December to see what they are learning!

## **Student of the Week**



## Baylee Ernst-Week of Sept. 28-Oct. 3

By Sophia Wilson, *Ed-Co Echoes* This week, Mrs. Ostwinkle selected 8<sup>th</sup> grader Baylee Ernst, for Student of the Week. "I choose her because she always

has a smile ready, gives her best, and

takes responsibility for herself," said Mrs. Ostwinkle. "She is a pleasure to be around." Congratulations, Baylee!

## **Elementary News**



Mrs. Askeland's Preschool News

The beginning of the school year is so fun and exciting! Currently, 19 students are enrolled in my classroom. In my classroom we use the Project Approach.

Activities and themes are student-driven, which means we learn about things the children are interested in. We usually begin the year learning all about names. Children love to do activities with their names and it is great exposure to letter names and letter sounds.

Along with the projects, we also learn about seasons, holidays and basic preschool skills, such as letter names and sounds, number names, counting, writing and social skills. This learning is done through play, games and various activities.

Our preschool program uses a program called Jolly Phonics to teach letter sounds. This is a wonderful program that uses actions, songs and coloring pages to teach letter sounds. The action adds extra support to children just learning about letter sounds. We learn one letter sound each week.

Our handwriting program is called Handwriting Without Tears. This is a very appropriate, hands-on curriculum that promotes fine motor skills. The preschoolers love to make letters and shapes with the wooden manipulatives included in this program.

Our overall curriculum is the Creative Curriculum. This curriculum allows children to learn through play. There are 36 objectives, which are covered and assessed throughout the school year. This curriculum allows us to provide the preschoolers with large group time, small group time, quiet activities, center activities, music and movement and outside play.

Thanks for all of the community support for Ed-Co Elementary!



#### <u>News from Mrs. Trenkamp</u>

#### <u>Kindness Matters</u>

Parents who value kindness over achievement tend to have children who

do better in school rather than those who have parents where academic success matters above all else. Putting pressure on your child to get high grades can have the opposite affect. It can lead to self-esteem issues along with anxiety and depression. When parents promote kindness and respect students tend to perform better in school. This helps the students feel more secure in their lives. To show your children that you value being kind and respectful you can demonstrate courtesy for them. Say please and thank you and be respectful. Praise positive behaviors that they display. When your child does something nice let them know. Encourage your child to have relationships with their teachers and classmates.

Also, with the COVID19 pandemic going on it is critical that you promote kindness and be there for your children. Make a weekly schedule for your family. Have a family calendar and put everyone's activities on there with a different color for each person. Have a family reading night. Make sure they have routines and with scheduled bedtimes and limit screen time. Above all, spend time with your children and have fun with them.



#### <u>News from Mrs. George</u>

We are off to a great start and exciting adventure as we take our Elementary Art classes OUTSIDE the SCHOOL WALLS!!! On sunny days our classroom will be the

East side of the building, in the shade of the mighty white pine trees. Students will be seated a safe distance apart inside a colored ring. Students arrive on the grassy knoll with sketchpad and art materials in hand. So far it has been wonderful to take in the fresh air and get those creative juices flowing! This quarter our focus will be on the fundamentals of drawing and learning how to get our feelings on paper using illustrations and designs. On inclement weather days we will be using the Wrestling Room in the lower hallway for class. Again, students will be able to sit a safe distance apart and use the rings already painted on the floor mats.

This challenging time has taught us many things in and outside of the classroom. One thing that stands out for me during this time is the resilience of children and their ability to adapt to change. I am so proud of our Ed-Co students and their willingness to do what it takes to be back in school, back with their friends, teachers, and moving forward to learn and grow.



#### <u>Elementary Music Notes</u>

Music is off to a great start. Just like everything else, music classes look a little different this year. The music room is not being used, and instead Mrs.

Pierschbacher is going into the classrooms to teach music. JK-3<sup>rd</sup> grade students have been reviewing beat and rhythm. The 4<sup>th</sup>-6<sup>th</sup> grade students completed a unit on the *Star Spangled Banner*. They are now reviewing rhythms and pitches.

Concert dates are scheduled for the year, but it is unclear at this time how concerts will be done. It is very likely that the concert format will be different this year. We will keep you posted as things develop. In the meantime, here are the scheduled concert dates. As of now, all concerts are scheduled for 7:00 p.m. Keep in mind, all concerts are subject to change depending on COVID regulations at the time.

#### **Upcoming Concerts**

Thursday, December 3<sup>rd</sup> – JK-2<sup>nd</sup> Grade Thursday, December 10<sup>th</sup>—3<sup>rd</sup>-6<sup>th</sup> Grade Tuesday, March 10<sup>th</sup>—3<sup>rd</sup>-6<sup>th</sup> Grade Thursday, April 8<sup>th</sup>—JK-2<sup>nd</sup> Grade



#### <u>News from Mrs. Mather</u>

We are off to a great start in 6<sup>th</sup> grade. We have a super group of students this year. We have worked really hard on setting up classroom and school s to beln the 6<sup>th</sup> graders be great leaders

expectations to help the  $6^{th}$  graders be great leaders this year. They have adjusted to  $6^{th}$  grade very well so far, and we hope to see great things from this group.

6<sup>th</sup> grade social studies students will be reviewing map skills, latitude, and longitude. Then they will venture back into time to study the Old Stone Age. The social studies students will be taking more trips into the past to visit ancient civilizations of the eastern hemisphere.

 $6^{\rm th}$  grade math students are also really working hard this year with Mr. Weber. We all are excited to see what happens next in  $6^{\rm th}$  grade.



#### <u>News from Mrs. Anderegg</u>

The students, teachers, and associates are finally getting comfortable with their new schedules and routines this year. After the first 8 days of Leader in Me, the

special education team has begun progress monitoring and implementing the instruction that their students need.

Have you ever wondered what Special Education Teachers do and what Special Education is? Unlike other teachers who focus primarily on academics, the special education teacher serves both as an educator and as an advocate for students with special needs. His or her schedule is divided among planning, instruction, assessing students and managing their individualized education programs (IEPs). The job includes scheduling, attending and following up after IEP meetings, writing IEPs with attainable and measurable goals, tracking and reporting student progress on IEP goals, providing guidance to general education teachers who wish to accommodate students, administering assessments, planning and instructing for individual students, managing and evaluating instructional assistants and other paraprofessionals, developing behavior management plans and more.

Special Education teachers can also teach Alternate Assessment if they have the required endorsement. DLM (Dynamic Learning Maps) alternate assessments are for students with the most significant cognitive disabilities whose academic performance is judged against alternate achievement standards. Content areas include English Language Arts, Math, and Science. Students who participate in Iowa's Alternate Assessments will not participate in Iowa Assessments. Students are eligible to be on Alternate Assessment if: The student has a significant cognitive disability, receives instruction on the Iowa Core Essential Elements which are aligned to the Iowa Core Standards but are of reduced breadth, depth, and complexity, and requires extensive direct individualized instruction and substantial supports to achieve measureable gains in the grade-and age appropriate curriculum. For more information on alternate assessment, visit https://educateiowa.gov/pk-12/special-

education/assessment-testing/iowa-alternateassessment-1-iaa.

Special Education means that students with disabilities are educated with their non-disabled peers, receiving the instructional programs and services available to our general education population, therefore enforcing our mission in assisting and ensuring that each student achieves his or her level of educational excellence.

## Viking of the Week



**Scarlett Tucker-Week of Sept. 28-Oct. 3** By Addy Kirby, *Ed-Co Echoes* This week's Viking of the Week is Scarlett Tucker. Scarlett was selected by her firstgrade teacher, Ms. Huff. Scarlett's parents

are Amber and Bobby. She also has one brother, Maxwell. Scarlett has two cats named Pickle and Fatty. She enjoys playing with toys and playing outside with her brother. She also enjoys car rides and reading. Scarlett's favorite thing about school is the swings and the new playground equipment! When Scarlett found out she was Viking of the Week, she felt super happy! Scarlett helps people at school by helping others pick up the classroom. Way to go! Keep up the good work!

## **District News**



#### <u>News from Mr. Busch</u>

Unbelievable! It is hard to comprehend that we are in our 6th week of school here at Edgewood-Colesburg Schools, and it is homecoming week at that. Students and

staff are learning how to adjust to the new "normal" with wearing masks and social distancing. We appreciate everyones' willingness to do whatever it takes to keep our students safe and in school. From the beginning, advice from the medical professionals has been, if you are sick, please stay home. I know that having your child/ren at home can be challenging due to missed work, online learning, etc. The Ed-Co School School District wants all students to be in school, however, we must do our best to provide a safe environment for all our students.

As most people are aware, we have had students and staff test positive for COVID-19 in our district. We also have students and staff who are in quarantine due to exposure. We wish everyone who is sick a quick recovery. The following information from health officials is to remind everyone of the COVID-19 guidance.

- Delaware and Clayton County Public Health and school staff will continue to work together to communicate with families who are affected by COVID-19 related illness, quarantine, or isolation.
- If anyone in your household is being tested for COVID-19, all of your children need to stay home from school until results come back.

- Adults or students directly exposed to someone with a positive COVID-19 test must quarantine for 14 days from exposure unless both individuals were properly wearing a mask not a face shield or gaiter (updated guidance from Iowa Public Health on September 30). https://www.cdc.gov/coronavirus/2019ncov/prevent-getting-sick/about-facecoverings.html
- Anyone who is identified as a close contact (household) to a person that tested positive for COVID-19 will be put on quarantine for 14 days from their last time of exposure. Getting tested does not get you out of quarantine.
- If a student tests positive for COVID-19 he/she will remain at home in isolation for a full 10 days from the beginning of symptoms. If they are asymptomatic, the 10 days will begin from the date of testing.
- Students or staff displaying one high risk or two more low risk symptoms will need to be evaluated by healthcare professionals or be quarantined.
- Press Release from Iowa Public Health https://content.govdelivery.com/accounts/IACIO /bulletins/2a347c0
- Additional information: https://idph.iowa.gov/Portals/1/userfiles/61/co vid19/resources/WhenToQuarantine.pdf?utm m edium=email&utm\_source=govdelivery

Now more than ever, our other mitigation strategies will remain very important. These include use of face coverings, spacing desks as much as possible within available space, limiting grouping, restricting visitors, increased cleaning protocols, hand sanitizers available around the buildings, and more. These will help us to keep everyone healthy, especially as the quarantine rules are changing.

Thank you for allowing us to educate your children this year. As always, I ask that you please become involved with the educational opportunities for our young people and assist us in making Edgewood-Colesburg the best school in the State of Iowa. If you have ideas for improvement or areas of concern, please contact me by phone at 928-6411.

Your Partner in Education, Rob Busch

## October Calendar of Events

\*Events are subject to change. For the most up to date information go to www.edge-cole.k12.ia.us

#### **Oct. 1**

4:30pm-JH Football vs. Starmont @ Edgewood 5:15pm-HS Volleyball vs. Central City @ Edgewood Pink Night Fundraiser **Oct. 4-HOMECOMING** 12:00pm-V Football vs. Bellevue @ Edgewood **Oct. 5** 4:00pm-IH Volleyball vs. Alburnett @Edgewood 5:30pm-JV Football vs. Bellevue @ Edgewood **Oct.** 6 4:00pm-JH Cross Country @ Delaware County Fair Grounds 4:00pm-JH Volleyball @ Starmont 4:15pm-HS Cross Country @ Hart Ridge Golf Course 5:15pm-HS Volleyball @ East Buchanan **Oct. 8** 4:00pm-JH Volleyball @ Maquoketa Valley HS 4:30pm-JH Football vs. Midland @ Edgewood 5:15pm-HS Volleyball @ Starmont **Oct. 9** 5:00pm-JV/V Football vs Maquoketa Valley @ Edgewood **Oct. 10** 9:00am-HS Cross Country @ North Linn 7:00pm-Ed-Co Youth Football vs. WD Hawks @ Edgewood Oct. 12 4:30pm-IH Football @ Lisbon **Oct. 14** 1:30pm-Early Dismissal-Teacher Development **Oct. 15** 4:00pm-JH/HS Cross Country @ Starmont TRC meet 4:00pm-HS Volleyball @ TBA TRC tournament **Oct. 16** TBD-V Football (1<sup>st</sup> round playoffs) **Oct. 17** 10:00am-HS Volleyball @ Marquette Catholic TRC tournament Oct. 19 **TBD-HS Regional Volleyball Oct. 21 TBD-HS Regional Volleyball Oct. 22 TBD-HS Cross Country @ TBA** State Qualifying meet

#### **Oct. 24**

All State Band/Vocal Auditions Oct. 26 **TBD-HS Regional Volleyball** Oct. 27 8:30am-Real Life Academy @ Edgewood Gym 7:00pm-9th-12th Vocal & JH Band Concert @ Edgewood Gvm **Oct. 28 TBD-HS Regional Volleyball** Oct. 30 End of 1st Quarter 1:30pm-Early Dismissal-Teacher Development Oct. 31 3:30pm-HS State Cross Country @ Fort Dodge





#### EXTRA CURRICULAR EVENTS

We are looking forward to excellent extra-curricular events at Edgewood-Colesburg. We share the responsibility for appropriate

behavior at the activities. For the safety of all spectators and support of the participants, the following are Ed-Co's expectations.

- Be respectful and quiet during the national • anthem. Hold your right hand over your heart.
- Watch the game. •
- Visit with your friends.
- Demonstrate good sportsmanship, be respectful and courteous to others; Support the teams, cheer and clap.
- Be a positive credit to your family, school and community.
- Leave your seat only between quarters, at half-time and between games.

# **October Menu**

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|---|--|
| Fruit and milk will<br>be served Daily<br>with breakfast  |  |  | 1<br>Breakfast Pizza & Toast K-6<br>Bagel 7-12  | 2<br>Ham Patty & Toast K-6<br>PBJ 7-12   |
| 5<br>Mini Cinnis K-6<br>Poptart & Yogurt 7-12   | 6<br>Waffles K-6<br>Long John & Yogurt 7-12  | 7<br>Breakfast Burrito K-6<br>Muffin 7-12  | 8<br>Breakfast Wrap & Toast K-<br>6<br>Bagel 7-12   | 9<br>Sausage, Egg, Cheese<br>Biscuit<br>K-6<br>PBJ 7-12  |
| 12<br>Breakfast Bites K-6<br>Poptart & Yogurt 7-12  | 13<br>Long John & Yogurt K-12  | 14<br>Breakfast Pizza K-12   | 15<br>Breakfast Bar & Toast K-6<br>Bagel 7-12   | 16<br>Eggs & Toast K-6<br>PBJ 7-12   |
| 19<br>Mini Donuts & String Cheese<br>K-12   | 20<br>Poptart & Yogurt K-12  | 21<br>Biscuits & Gravy K-6<br>Muffin 7-12  | 22<br>Sausage & Toast K-6<br>Bagel 7-12   | 23<br>Omelet & Toast K-6<br>PBJ 7-12   |
| 26<br>Pancake Stick & Toast K-6<br>Cereal & String Cheese 7-12  | 27<br>French Toast K-6<br>Long John & Yogurt 7-12  | 28<br>Pancakes K-6<br>Muffin 7-12  | 29<br>Smokies & Toast K-6<br>Bagel 7-12   | 30<br>Breakfast Bar & Toast K-6<br>PBJ 7-12  |
| PBJ offered daily<br>Grades 5-12 can<br>choose a Chef Salad,<br>Garden Salad or<br>Hoagie<br>Fresh Fruit &<br>Vegetables<br>available daily | Meal Prices:<br>Breakfast PK-12<br>\$1.60<br>Breakfast Adult<br>\$2.10<br>Lunch PK-6 \$2.40<br>Lunch 7-12 \$2.60<br>Lunch Adult \$3.85 |  | 1<br>Hamburger<br>WG Bun<br>Green Beans<br>Banana<br>Alternative Main Dish:<br>Turkey Fritter<br>WG Bun   | 2<br>Pancakes<br>Sausage<br>Tri Tators<br>Oranges<br>Applesauce 9-12<br>Alternative Main Dish:<br>Brat/ WG Bun<br>Animal Crackers<br>World Smile Day!! |
| 5<br>Super Nachos<br>Corn<br>Applesauce<br>Alternative Main Dish:<br>Rib Patty<br>WG Bun  | 6<br>Chicken Patty<br>WG Bun<br>Broccoli/Cheese<br>Peaches<br>Alternative Main Dish:<br>Beef Fritter<br>WG Bun                         | 7<br>Mac & Cheese<br>WG Butter Sandwich<br>Little Smokies<br>Green Beans<br>Mandarin Oranges<br>Alternative Main Dish:<br>Chicken Strips/<br>WG Butter Sandwich    | 8<br>Sloppy Joe<br>WG Bun<br>Baked Beans<br>Pears<br>Alternative Main Dish:<br>Mini Corn Dogs   | 9<br>Breadsticks<br>Romaine Lettuce<br>Cherry Tomatoes<br>Strawberries<br>Alternative Main Dish:<br>Meatball Sub                                       |
| 12<br>Turkey Fritter<br>WG Bun<br>Baked Beans<br>Pears<br>Alternative Main Dish:<br>Taco Bites  | 13<br>Chicken Wrap<br>Corn<br>Applesauce<br>Alternative Main Dish:<br>No Alternative Meal  | VG Butter Sandwich<br>14<br>Spaghetti<br>Breadstick<br>Romaine Lettuce<br>Cherry Tomatoes<br>Banana<br>Alternative Main Dish:<br>Chicken Nuggets<br>WG Dinner Roll | 15<br>Ham Patty<br>American Cheese<br>WG Bun<br>Augratin Potatoes<br>Mandarin Oranges<br>Alternative Main Dish:<br>Pork Fritter<br>WG Bun           | 16<br>Turkey & Ham Croissant<br>Green Beans<br>Grapes<br>Alternative Main Dish:<br>Fish Square<br>WG Bun   |
| 19<br>Walking Taco's<br>Corn<br>Apple Slices<br>Alternative Main Dish:<br>Hamburger<br>WG Bun   | 20<br>Rib Patty<br>WG Bun<br>Broccoli/Carrots<br>Peaches<br>Jello Jigglers<br>Alternative Main Dish:<br>Pizza                          | 21<br>Hoagie<br>Lettuce/ Cucumbers<br>Scooby Snacks<br>Applesauce<br>Alternative Main Dish:<br>No Alternative Meal   | 22<br>Fish Shapes K-6<br>WG Butter Sandwich K-6<br>Fish Sandwich 7-12<br>Peas<br>Pears<br>Alternative Main Dish:<br>Sausage, Egg, Cheese<br>Biscuit | 23<br>Hotdog<br>WG Bun<br>Baked Beans<br>Chips<br>Grapes<br>Alternative Main Dish:<br>Pizza  |
| 26<br>Chicken Nuggets<br>WG Dinner Roll<br>Mashed Potatoes/Gravy<br>Green Beans<br>Pears<br>Alternative Main Dish:<br>Hamburger<br>WG Bun   | 27<br>Stuffed Crust Pizza<br>Corn<br>Sidekicks<br>Alternative Main Dish:<br>No Alternative Meal  | 28<br>Pork Fritter<br>WG Bun<br>Carrots/ Baked Beans<br>Peaches<br>Alternative Main Dish:<br>Meatball Sub  | 29<br>Chicken & Noodles<br>WG Dinner Roll K-6<br>Peas<br>Applesauce<br>Alternative Main Dish:<br>Hotdog/WG Bun<br>Scooby Snacks                     | 30<br>Mandarin Orange Chicken<br>WG Rice<br>Broccoli<br>Mandarin Oranges<br>Alternative Main Dish:<br>Brat/ WG Bun<br>Animal Crackers                  |