



IOWA STATE
UNIVERSITY
Extension and Outreach

WWW.HELPINGSERVICES.ORG/EVENTS

STRENGTHENING FAMILIES

Thursday Nights: April 5- May 17

(7 weeks • 5:30 PM Supper 6:00–8:00 PM Program)

Trinity United Methodist Church • 201 West Madison Street, Edgewood

Parenting is hard work! Being a pre/teen is hard work! Parents/caregivers of youth ages 10 to 14, are invited to this internationally acclaimed relationship-enhancing program for all families with youth ages 10-14. Youth must attend with adult.

- Increase teen peer pressure resistance
- Improve teen behavior, social skills and school performance
- Enhance youth/adult communication
- Expand on understanding of family relationships/dynamics
- FREE program led by trained facilitators
- FREE meal before program begins for families & facilitators
- Pre-registration is required
- Call/email for other Delaware County dates/locations if this location/date does not work for your family

**TRANSPORTATION & CHILDCARE FOR SIBLINGS
PROVIDED UPON REQUEST**



REGISTER ONLINE OR WITH CAROL

563-608-0007 • cedwards@helpingservices.org