

#### Eat Breakfast at School!

Mornings can be really crazy...the alarm doesn't go off...the kids don't want to get up...there's no time to eat breakfast before the bus

comes...or they're just not ready to eat. Or maybe your teenager grabs a can of soda and a candy bar on the way to school. If this sounds like your house, we have good news for you.

Breakfast is served at school! School breakfast will energize your child's day and provide them with a healthy start. A nutritious breakfast helps students be more alert so they can learn more in class, and has plenty of vitamins and nutrients for a strong and healthy body.

Breakfast at school is affordable, too. The cost is only \$1.60. If you qualify for free and reduced price meals, you also qualify for the breakfast program, with no additional paperwork. You can't find a healthy breakfast at such a low cost anywhere else.

So help your child start the day right with school breakfast!

## **High School News**



**News from Mrs. Dowell**From the Counseling Office:

Happy New Year!

The New Year is a time for fresh starts, new beginnings and resolutions. Changing

behavior is never easy. But the New Year is a great time to start. Identify what is important to you, build your motivation, and create **SMART** goals to increase your chance for success!

Specific, Measurable, Attainable, Relevant, Timely.

SENIORS – It's time to start looking ahead to graduation! As we begin planning please make sure you are checking your email regularly for important information!

A BIG THANK YOU to everyone who participated and helped with the Christmas is for Kids program this year! It was another successful year! Our community is fortunate to have so many helpful and generous people. Thank you!





**News from Ms. Harbaugh**Highlights of 2017 From the Band
Program

5th Grade Band:

Our 5<sup>th</sup> grade band numbers have come up since the beginning of the year. The kids have learned their first 5 notes and are working hard to achieve great tone quality. We had lots of fun at our Winter Concert performing "Good King Wenceslas" and "The T-Rex Stomp." We even had an exciting guest appearance from a real live T-Rex wearing a Santa hat!

#### 6th Grade Band:

The 6<sup>th</sup> grade is learning and growing in skill and technique by leaps and bounds! This fall we worked hard to learn new notes, play our eight note scale, learn about accidentals, and expand our playing ranges! The students performed "Frosty the Snowman" and "Christmas Fun" at their winter concert and have now moved on to "Cumberland Gap" and "The Batman Theme." Our goals for the upcoming quarter are to continue learning about accidentals and to achieve greater independence in parts!

#### **Junior High Band**

The Junior High Band is such a fun group! We just finished up playing our Winter Concert consisting of "African Noel," "Christmas in the Kitchen" (featuring solos on pots, pans, and drinking glasses), "The Christmas Song," and "Grandma Got Run Over by a Reindeer!" We have spent a lot of time learning about balance and blend within the ensemble and studying the relationship between music and other arts! Seven of our students attended the Tri Rivers Conference Middle School Honor Band. We had 1 student in attendance at the North East Iowa Bandmasters' Association Honor Band in Oelwein! Both were great learning experiences and were very much enjoyed by the selected students and their families. We are now working hard prepare for our next performance on March 13th, with "A Night at the Movies" theme it's

sure to be a concert that will be fun for the whole family!

#### **High School Band**

The High School Band has been busy this year! We finished up our marching band season with a special performance at the Edgewood Convalescent Home! We had a blast playing for Volleyball Pink night and we're enjoying playing pep band tunes at all of the home basketball quads. Our Holiday Sweater themed winter concert was very enjoyable. Five students attended the Loras College Honor Band, one student attended the North East Iowa Bandmasters' Association Honor Band, one student was selected to play with Wartburg's Honor Band, and eight of our students were accepted to the Tri Rivers Conference Honor Band. We are looking forward to Community Pep Band Night on January 26th! We are very much looking forward to our carnival themed dessert concert on March 2<sup>nd</sup>! Come join us for an evening of food and fun!



#### <u>News from Mrs. Meyer</u> Art News:

First semester is wrapping up, which means the art courses will be changing once second semester starts. The courses that made up first semester included: 3D

Art, Digital Photography, Desktop Publishing, Arts & Ideas, Graphic Arts I, and 7th Grade Art. The 3D Art students created big masks, two ceramic pieces, and a



few other projects. We did hand casting for the first time in this course and students found it be interesting. One thing that is definitely addressed in 3D

Art is problem solving skills, because often times there are things that occur that require a fix to make the project successful. One exciting thing that is new this year was offering Digital Photography to the high school students. Students learned various types of photography, how to use DSLR cameras, and they learned how to use Adobe Lightroom and Adobe Photoshop. Students created a website to be used to show case their various projects that focused on the types of photography. Arts & Ideas students worked on various projects that focused on showing a meaning or feeling through art. In this course, students focus more on the idea rather than process and skill.

Graphic Arts students learned how to use Adobe Photoshop. They completed several real world projects to demonstrate their skill. These projects included: Homecoming buttons, musical flyer, YODA logo, basketball banner design, wrestling shirt design, Friends of the Arts logo, dance shirt design, Art Club Christmas face in hole boards, Christmas buttons for Art Club, and senior shirt designs. Another exciting thing that occurred was the students got to visit The MARKKET to visit with Morgan and Ellyse on the



design process that occurs when they are creating Kendrick Home pieces. They were also given an assignment from

them to complete a design to be submitted to them that maybe used as a possible Kendrick Home piece. The class was really excited to complete this project and we thank Morgan Kendrick and Ellyse Ungs for helping us out with this real word experience. Seventh grade art students were taught some fundamental design and art techniques to help them be successful artists. They learned how to use grids to help draw accurately along with shading to create the sense of depth and realism in a drawing. Their projects also focused on the elements of art and the principles of design. We also had alumni Kaden Jones visit the class to show what kind of projects he's been doing at Iowa Sate for Graphic Design.

#### **Yearbook News:**



Desktop Publishing students have been working hard on creating this years yearbook. The first semester students worked on various things from developing a theme, selling yearbook ads to keep the cost of our

books down for students, designing all the pages of the book, taking photos of events, and various other tasks. We had Ed-Co alumni Travis Bockenstedt come in to talk about marketing the schools book. This years book is called "Making Our Mark" and is on sale now until the end of the school year. The price of the book is \$30 until 2/28/17 and then it's \$35. Orders may be dropped of at the high school office. Parents of seniors have until March 16th to get their senior ads into Mrs. Meyer. Information on these were sent

through both mail and email. Please contact Mrs. Melissa Meyer in regards to Yearbook information.

#### **Art Club News:**

Art Club has had a busy year thus far. We started off the year helping promote school spirit by selling

Homecoming buttons and doing driveway paintings. The Friday morning of Homecoming week, members also offered face painting to all students. Art Club supported Pink Night by face painting and giving



all money back to Pink Night. We held a concession stand during the "Edgewood Holiday Shopping Extravaganza" that was held at the beginning of November. Funds from this are used to help reduce



the cost of the trip for members. This year we are going to Chicago and are using an educational travel company. We will be

going to the following places: Art Institute of Chicago, Museum of Contemporary Art, Frank Lloyd Wright home & studio, National Vietnam Veterans Art Museum, and the Shedd Aquarium. We thank all of those that support the Ed-Co Art Club in our fundraising efforts.

On December 2nd, Art Club helped provide activities for children for Christmas in Edgewood by offering face painting and Christmas button making. Members

also created seven different face in hole Christmas boards that were placed around town. These were a hit with children of all ages. Upcoming events besides the trip that Art Club will be a part of include setting up and hosting the 3rd Annual District Art Show and we hope to complete some more murals at the school.



#### News from Mr. Calderwood

Whether we like it or not our Winter concert comes up early in December and we need to get into the holiday spirit early. This year students in the high school choir started out the season by

making ornaments and decorating a Christmas tree. Students did a wonderful job and came up with some creative ornaments. They made our room look fantastic!

The Winter Concert is always held at St. Mark's Catholic Church students made several trips to the church to rehearse their processional, songs and to learn a little about the church and the beliefs of the parish. Marsha Hauser met with the students on their first visit to share about different traditions the church has along with the Stations of the Cross displayed in the sanctuary. The idea is for the students to have some background knowledge about the space that they are going to be performing in.

The 7-12 Grade Winter Choir Concert was held on Dec. 11 at 7pm accompanied by David Poggenklass and Kari Pierschbacher. Each group sang a traditional piece and a secular piece. The concert started with 8th grade singing "Twas the Night Before Christmas" and "A La Media Noche." The 8th grade students read several version of Twas the Night Before Christmas and discussed similarities and differences in word choices between the song the books. They discovered that the song added descriptive words to help paint a picture in the audience's' mind as they listened to the song.



Next the 7th grade performed "Still, Still, Still" and "The Christmas Fir: A Story Song for Christmas." The

7th grade students worked hard to have crisp words to allow the audience to hear and understand the story they were telling of a tree in the forest.

The High School Concert Choir performed "The First Noel/Pachelbel's Canon" and "Troika." Student enjoyed singing "Troika" and working to have a bouncy or trotting feel. A troika is a carriage or wagon drawn by three horses abreast; and it is also a spirited Russian dance.

To end the concert the 88 students combined to sing "This is My Wish" a song about finding peace and working together. As the concert progressed and the students transitioned between groups, the students along with the audience joined together to sing carols.

#### **Elementary News**



#### News from Ms. Scherf, Special Education

There has always been a saying that we learn as we teach, and in my last few years of teaching, this is my strongest

philosophy. In special education, I have learned that student motivation is key for success. Unfortunately, it is one thing I have found in special education that is lacking. The enthusiasm that comes with learning is something that is taught. I have learned that if I am motivated in my teaching, my students are more motivated to learn, and academic achievement is boosted! Here are some ways to help:

- 1. **Fill your child's world with reading.** Take turns reading with your child, or establish a family reading time when everyone reads their own book. Demonstrate how important reading is to you by filling your home with printed materials: novels, newspapers, even posters and placemats with words on them.
- 2. **Point out the new things** *you* **learn with enthusiasm.** Discuss the different ways you find new information, whether you're looking for gardening tips on the Internet or taking a night class in American literature.
- 3. Ask about what their learning in school, not about their grades or test scores. Have them teach you what they learned in school today putting the lesson into their own words will help them retain what they learned.
- 4. Help your child organize their school papers and assignments so they feel in control of their work. If their task seems too daunting, they'll spend more time worrying than learning. Check in with them regularly to make sure they are not feeling overloaded.
- 5. **Celebrate achievements, no matter how small.** Completing a book report calls for a special treat; finishing a book allows your child an hour of video games. You'll offer positive reinforcement that

- will inspire them to keep learning and challenging themselves.
- 6. **Focus on strengths, encouraging developing talents.** Even if they didn't ace their math test, they may have written a good poem in English class. In addition to a workbook for math practice, give them a writing journal.

During this holiday season and in your future teachings, I encourage you to renew the joy in discovery. Learning CAN be fun!



#### News from Mrs. Bonert, Title 1 Reading

Hello from the Title 1 Reading room! Mrs. Jackson and Mrs. Bonert have had the opportunity to work with some great

kids during this first half of the school year. Everyone is working so hard on their reading skills and improving in many different areas of reading.

Kindergartners are practicing letters and sounds and working toward putting sounds together to read words. First grade is focusing on words with blends, short and long vowels, and reading fluently. Second grade is working on syllable patterns and other strategies to help them decode words as well as working toward reading more fluently. Third through sixth graders are all working on the various syllable patterns, reading fluently, and comprehension? We are excited to continue seeing growth from our students and helping them develop a love for reading.



# <u>News from Mrs. Gaul</u> Instructional Coaching and Co-Teaching

One way to work collaboratively with teachers to improve student achievement is the practice of co-

teaching. What is co-teaching? "Co-Teaching is based on a partnership approach where the teacher and coach work side-by-side with students." (Student-Centered Coaching by Sweeney & Harris) There are many benefits to all those involved when using this approach.

**Classroom Teacher Benefits** 

- Exposes them to different instructional approaches
- Develops a "stronger together" climate
- Provides extra eyes and ears
- Improves the feedback and reflection process

- Provides them with another resource
- Failures can become growth together

#### Coach Benefits

- Continues to learn
- Builds relationships
- Receives immediate feedback of coaching discussions and practices
- Develops a true picture of classroom reality
- Keeps the coach in classroom mode
- Exposes coach to different styles of teaching
- Deepens their content knowledge

#### **Student Benefits**

- Receives better instruction
- Exposes students to fresh ideas & new strategies
- Increases adult to student ratio
- Develops another adult relationship
- Witnesses model learning between both teacher and coach
- Receives differentiated instruction



#### News from Mrs. Schulte

Wow, this year is flying by! We have been hard at work in 4th grade and having fun along the way too. We are in the midst of tackling long division

strategies and practical application and are impressed on how well the kids are picking it up. So far, we have celebrated six students who have completed Xtra Math demonstrating mastery in addition, subtraction, multiplication, and division facts in under 3 seconds. These students are: Savannah Drips, Ike Schulte, Kallyn Henney, McKenna Hoefer, Lauren Kirby, and Landon Campbell. We appreciate their hard work and focus!

In Reading, we have worked on many skills, but the favorite right now is reading the incredible journey of survival, frustration, determination, and overcoming the odds of being lost in the Canadian wilderness in the book Hatchet, by Gary Paulson. We will take a trip to Osborne to extend our learning and practice our own survival skills this winter!

Practicing our letter writing skills and civic duty, being active members of our communities (which we have discussed in Social Studies class) we wrote to local veterans to send out before Veteran's Day and studied and discussed what it means to be a United States Veteran. We also wrote letters to active duty military members of Johhny Walz and Emily Faust's

unit to include with the care packages that were put together by Zoe's RED Project. At Thanksgiving time, we made placemats showing what we are thankful for and delivered them to the residents of the Edgewood Convalescent Home.

Before Christmas, we continued the 4th grade tradition of performing Christmas themed reader's theaters to Ed-Co students and parents. The kids did a WONDERFUL job expressing the stories of The Grinch Who Stole Christmas, The Twelve Days of Christmas, The Polar Express, and Mr. Willaby's Christmas.

#### **District News**

## From Superintendent Rob Busch



Happy New Year! Hope you are planning to make 2018 the best ever. As in most situations, a quality outcome won't be possible without a total team effort. The same is true in education. The bus

drivers ensure that students arrive to and from school safely each day. The cooks provide hundreds of healthy meals per day. The facilities are clean thanks to our custodial staff. The secretaries ensure the daily business needs are met. The teachers and support staff work to challenge the minds of our students. The principals maintain safe and orderly learning environment to support students. And without the students, families, and community that value education, it would not be all possible. As we begin 2018, I would like to thank all the members of the Edgewood-Colesburg Community School District team.

The Iowa School Report Card was released last week and is available at

http://reports.educateiowa.gov/schoolreportcard. Success is often measured by comparison to others. Excellence, on the other hand, is all about being the best we can be and maximizing our gifts, talents and abilities to perform at our highest potential. We live in a world that loves to focus on success and loves to compare. We are all guilty of doing this. However, I believe that to be our best we must focus more on excellence and less on success. We must focus on being the best we can be and realize that our greatest competition is not someone else but ourselves. For example, coaching legend John Wooden often wouldn't tell his players who they were playing each

game. He felt that knowing the competition was irrelevant. He believed that if his team played to the best of their ability they would be happy with the outcome. In fact, John Wooden never focused on winning. He had his team focus on teamwork, mastering the fundamentals, daily improvement and the process that excellence requires. As a result he and his teams won A LOT.

Below is a short list of Practices implemented to increase student achievement:

Benchmark Literacy

Literacy Block

**PRESS** 

Power Hour (elementary afterschool)

**Autism Training** 

**Partner School Training** 

**Differentiated Accountability** 

Sue Daker Services

Mentoring

Covey's 7 Habits - Leader in Me

Go Math

ST Math

**Number Sense** 

Read 180

Intervention Time (secondary)

**Better Grading Practices** 

Teacher Leadership System - Lead

Teachers/Instructional Coaches/Mentoring
If you have questions about the Iowa School Report

Card, please contact the building principal.

Thank you for allowing us to educate your children this year. As always, I ask that you please become involved with the educational opportunities for our young people and assist us in making Edgewood-Colesburg the best school in the State of Iowa. I thank you for taking the time to read these articles as we proceed through a very exciting 2017-2018 school year. If you have ideas for improvement or areas of concern, please contact me by phone at 928-6411 or e-mail at rbusch@edge-cole.k12.ia.us. Your Partner in Education,

**Rob Busch** 

#### **Use of Recording Device Notice**

The Edgewood-Colesburg Community School District Board of Directors has authorized the use of recording devices on school premises and district buses. The recording devices will be used to monitor student behavior to maintain order and to promote and maintain a safe environment. Recordings of students in the classroom will also be used to improve educational practices. Students and parents are hereby notified that the content of the recording may be used in a student disciplinary proceeding. The content of the recording are confidential student records and will be retained with other student records. Recordings will only be retained if necessary for use in a student disciplinary proceeding or other matter as determined necessary by the administration. Parents may request to view the recording of their child if the recordings are used in a disciplinary proceeding involving their child. A parent may view the recordings without consent from any student or parent of a minor student also shown in the recording if the other students are bystanders. But if there is an altercation between multiple students, then all parents must give consent in order for the recordings to be viewed by parents.



# COURTESY AT EXTRA-CURRICULAR EVENTS

We are looking forward to excellent extra-curricular events at Edgewood-

Colesburg. We share the responsibility for appropriate behavior at the activities. For the safety of all spectators and support of the participants, the following are Ed-Co's expectations.

- 1. Be respectful and quiet during the national anthem. Hold your right hand over your heart.
- 2. Watch the game.
- 3. Visit with your friends.
- 4. Demonstrate good sportsmanship, be respectful and courteous to others; Support the teams, cheer and clap.
- 5. Be a positive credit to your family, school and community.
- 6. Leave your seat only between quarters, at half time and between games.



# Ed-Co Community School Emergency School Closure Process

As the winter weather

season is now in full swing, Edgewood-Colesburg Community Schools will continue to evaluate the process it uses to decide when to close schools due to bad weather and how to best alert parents and students about the closure.

The district is aware of the implications of emergency school closures. We realize when schools shut down parents must make alternative plans, bus and food services must be altered, class and test schedules must change, and events must be canceled. We also feel strongly that our students' education can best be served when they are in class; however, safety is our number one priority. We will always do what is best to safeguard the well-being of our students and staff, but sometimes closing schools is not the obvious choice. The school district covers almost the width of an entire county. There have been times when the weather has changed, road conditions have deteriorated, or a storm has stalled over the area that a last minute decision has been made to close. These late decisions are made to protect our students and staff. There are many factors that are considered. The images of our bus drivers on slippery roads, of young children standing at frozen bus stops, and teens, or their parents, driving in hazardous conditions is always present when the decision is made to close schools. Once the decision is made, the **Edgewood-Colesburg Community Schools must** disseminate the message quickly to the media, staff, and parents.

You can obtain school closings, late starts, early outs, and cancellations at the following locations: Text messages are available through Edgewood-Colesburg Community School Web Site at <a href="www.edge-cole.k12.ia.us">www.edge-cole.k12.ia.us</a>, on Facebook(Ed-Co School Partners) and also the Iowa School Alerts program at <a href="https://public.govdelivery.com/accounts/IAEDU1989/subscriber/new?qsp=CODE\_RED">https://public.govdelivery.com/accounts/IAEDU1989/subscriber/new?qsp=CODE\_RED</a>

KWWL-TV 7 KMCH- 94.7 FM Radio KCRG-TV 9 KCTN- 100.1 FM Radio

KGAN-TV 2

\*Some stations get the information on faster than others. The best advice is to listen to more than one so our information is not overlooked. Since parents are the primary protectors, they will need to decide what is best for their children regardless of any decision by the school district. The option to keep children home when weather conditions are extreme is always at the parent's discretion and the school understands and respects the decision. Parents can contact the school and arrange for an excused student absence. All families should make advanced arrangement for their children in case of school closures and for the rare situation when it is necessary to close school because of a power failure or another circumstance. Children should know where to go if a parent will not be home and how to contact parents and guardians. Make sure your parent contact information, including work telephone numbers, are kept up-to-date with the school.

During cold weather you should always make sure your child is dressed appropriately. Bulky coats and boots can be stored in classrooms, or other areas designated by the principal in addition to student lockers so don't be afraid to bundle them up. Working together we can ensure the safety of the Edgewood-Colesburg Community Schools during the hazardous weather season.

#### **NOTICE OF NONDISCRIMINATION Code No. 102.E1**

Students, parents, employees & others doing business with or performing services for the Edgewood-Colesburg Community School District are hereby notified that this school does not discriminate on the basis of race, color, age (for employment), religion, national origin, sex, marital status, sexual orientation, gender identity, gender, creed, socioeconomic status, or disability in admission or access to, or treatment in, its programs & activities.

The school district does not discriminate on the basis of race, color, age (for employment), religion, national origin, sex, marital status, sexual orientation, gender identity, gender, creed, socioeconomic status, or disability in admission or access to, or treatment in its hiring & employment practices. Any person having inquiries concerning the school district's compliance with the regulations implementing Title VI, Title VII, Title IX, the Americans with Disabilities Act (ADA), § 504 or *Iowa Code* § 280.3 is directed to contact: Karla Trenkamp, District Equity Coordinator, 409 East Street, P.O. Box 125, Colesburg, IA 52035, 563-856-2415, <a href="https://ktrenkamp@edge-cole.k12.ia.us">ktrenkamp@edge-cole.k12.ia.us</a>

# Vikings of the Week



## Dec. 4-10 Kayden Williams

By Kelsi Askeland, *Ed-Co Echoes* Mr. Sorn chose second grader Kayden Williams for Viking of the Week. Kayden's family includes Jacy, Dakota,

Jaxson, and Weston. He has two dogs named Dolly and Remy. Kayden enjoys playing Play Station and catch with a baseball. His favorite thing about school is art class because he likes building cool projects. Kayden was happy when he was chosen for Viking of the Week.



#### Dec. 11-17 Jaxson Bolsinger

By Kelsi Askeland, *Ed-Co Echoes*Mrs. Schulte chose fourth grader Jaxson
Bolsinger as Viking of the Week.
Jaxson's family members are Jacy, Dakota,

Kayden, and Weston. Other members of his family include two dogs, named Dolly and Remi. Jaxson likes to trap rabbit, ride his bike, and help his grandpa on the farm. His favorite part about school is reading and recess. Jaxson helps others at school by assisting them with art projects and math problems. When chosen for Viking of the Week Jaxson was excited.



#### Dec. 18-24 Addison Schmelzer

By Kelsi Askeland, *Ed-Co Echoes*Mrs. Brouillette chose second grader
Addison Schmelzer as Viking of the Week.
Addison's parents are Cody and Ashley

Schmelzer. She has one brother, Maddox. Some of Addison's hobbies are playing softball, jumping on the trampoline, playing on her swing set, and helping at the daycare her mom runs. Addison assists others at school by helping them up when they fall down and being a nice friend to everyone. When Addison found out she was chosen for Viking of the Week she felt surprised and happy.

## Students of the Week



**Dec. 4-10 Leyla Sanchez Palancar**By Dayanaira Cornwell, *Ed-Co Echoes*Leyla is taking both Human Biology and Advanced Biotechnology. Not many students have tried that combination of classes since both can be very

challenging. Leyla does A work in both classes. Mr. Millis said, "She prepares for each class by working very hard and what is more remarkable is that she excels even when English is not her primary language." Great job Leyla!



**Dec. 11-17 Alex Jones**By Morgan Vorwald, *Ed-Co Echoes* 

This week Mr. Wadsworth chose Alex Jones for Student of the Week. Alex is in Mr. Wadsworth's Welding and Ag

Drawing classes. Mr. Wadsworth said, "I chose him because he is doing quality work in both classes and participates in class very well. He has been working hard in Welding to perfect his craft." Keep up the good work, Alex!



**Dec. 18-24 Mariah Zittergruen** By Morgan Vorwald, *Ed-Co Echoes* 

The Student of the Week is Mariah Zittergruen, chosen by Mrs. Wille. Mariah is a 10th grader in Mrs. Wille's Chemistry

class. Mrs. Wille said about Mariah, "She makes connections between what we have learned, what we are learning, and asks questions about things that we are going to be learning in the future." Nice job, Mariah, and keep up the good work!



# January Calendar of Events

\*Events are subject to change. For the most up to date information go to www.edge-cole.k12.ia.us

#### Jan. 1-2

Winter Break (No School)

#### Jan. 3

Classes Resume

#### Jan. 4

4:00pm-JV Girls/Boys Basketball @ Central 6:15pm-V Girls/Boys Basketball @ Central

#### Jan. 5

4:00pm-JV Girls/Boys basketball vs. Marquette Catholic @ Colesburg-Elementary boys at halftime of JV boys game

6:00pm V Girls/Boys Basketball vs. Marquette Catholic @ Colesburg-Elementary girls at halftime of varsity girls game.

#### Jan. 9

4:30pm-JV Girls/Boys Basketball @ Midland 6:00pm-V Girls/Boys Basketball @ Midland 6:00pm-HS Wrestling @ Clayton Ridge

#### Jan. 11

6:00pm-HS Wrestling @ East Buchanan 6:30pm-JV/Fresh Boys Basketball @ Monticello

#### Ian. 12

**End 1st Semester** 

4:00pm-JV Girls/Boys Basketball vs. Lisbon @ Edgewood

6:00pm-V Girls/Boys Basketball vs. Lisbon @ Edgewood. Elementary girls at halftime of varsity girls game. Dance team at halftime of varsity boys game

#### Jan. 13

9:00am-Conf. HS Large Group Speech Contest @ Lisbon

#### Ian. 15

2:00pm-HS Conf. Instrumental Festival @ Springville

#### **Jan. 16**

4:00pm-JH Boys Basketball vs. NFV @ Edgewood 4:30pm-JV Girls/Boys Basketball @ Central City 2 additional quarters of freshman boys following JV boys game.

6:00pm-V Girls/Boys Basketball @ Central City

#### Jan. 18

4:00pm-JH Boys Basketball @ Maquoketa Valley 6:00pm-JV/Fresh Boys Basketball vs. Clayton Ridge @ Edgewood

6:00pm-HS Wrestling @ Maquoketa Valley 7:15pm-Fresh girls Basketball vs. Independence @ Edgewood

#### Jan. 19

No School-Teacher Learning

4:00pm-JV Girls/Boys Basketball vs. Maquoketa Valley @ Edgewood-*Elementary boys at halftime of JV boys*.

6:00pm-V Girls/Boys Basketball vs. Maquoketa Valley @ Edgewood-Elementary girls at halftime of varsity girls game.

#### Jan. 20

8:00am-District Large Group Speech @ Cascade 10:00am-HS Wrestling @Midland

#### Ian. 22

4:00pm-JH Boys Basketball vs. East Buchanan @Edgewood

6:00pm-HS Wrestling @ NFV

6:30pm-Fresh Girls/Boys Basketball vs. Midland @ Edgewood

#### Jan. 23

4:30pm-JV Girls/Boys Basketball @ Alburnett 6:00pm-V Girls/Boys Basketball @ Alburnett 6:00pm-HS Wrestling @ Colesburg

#### Jan. 25

4:00pm-JH Boys Basketball vs. Starmont @ Edgewood

6:30pm-JV/Fresh Girls Basketball vs. West Delaware @ Edgewood

#### Jan. 26

4:00pm-JV Girls/Boys Basketball vs. North Linn @ Edgewood

6:00pm-V Girls/Boys Basketball vs. North Linn @ Edgewood. *Elementary girls at halftime of varsity girls game. Dance team at halftime of varsity boys game.* 

#### Jan. 27

12:00pm-HS Wrestling @ Alburnett Tri-Rivers Conference meet

#### Jan. 29

4:00pm-JH Boys Basketball @ Alburnett 6:00pm-JV/Fresh Boys Basketball vs. Springville @ Edgewood

#### Jan. 30

4:00pm-JV Girls/Boys Basketball @ East Buchanan 6:00pm-V Girls/Boys Basketball @ East Buchanan

January is National Mentoring Month. Everyday Heroes are needed. We want to create awareness of the benefits of community members being a part of the movement to give every youth a positive role model so that all youth feel connected, valued and empowered. We are currently looking for more people to become mentors, especially adult males to mentor boys.





Remember growing up? Who helped you make healthy choices, build self-esteem, and made you laugh?

Mentoring connects a youth with a responsible adult to form a healthy friendship, helping the youth aspire and achieve their fullest potential.

"My child's attitude has changed in a more positive way. She is more upbeat and happy, especially when she comes back from seeing her mentor." —Mentee Parent

# WAYS WE CAN PARTNER WITH YOU ROLE MODELS FOR AREA YOUTH

Trained and screened volunteers (age 16 and older), called mentors, spend 4 hours a month having fun and encouraging youth.

Mentors can be an individual, couple, or whole family. You can also be a Mentor For A Day, attending an event that fits your schedule and hanging out with a youth who is waiting for a permanent mentor.

#### YOUTH INVOLVEMENT

Youth (age 5 to 16), called mentees, can request to be paired with a mentor who shares their interests. These youth gain new skills and opportunities they may not otherwise have.

#### **GROUP EVENTS**

Matches are invited to join events with other local matches—sometimes to watch a movie and make pizzas, and other times to go to a baseball game or a museum.

#### **VOLUNTEER TRAININGS**

Youth face many hurdles in their family, school, and social life. Mentors are equipped to listen and encourage their mentee through these different situations.

#### • VOLUNTEER •

Use your skills or passion to provide youth with positive role models. From becoming a mentor to assembling training materials, you can be part of creating these important friendships.

#### - • LET'S CONNECT •

# 563-379-3454 mentoring@helpingservices.org

Visit our website to see new events, donate, request a mentor, or apply to become one.

WWW.HELPINGSERVICES.ORG/MENTORING